



## Questionnaire

# Pretest Counseling Session #2 (Sexual History) Questionnaire for Counselor

### **The following areas should be addressed with the patient:**

#### Opening introduction and statement:

I am going to take a few minutes to ask you some direct questions about your sexual health. These questions are very personal, but important for me to know so I can help you be healthy. I ask these questions of all my patients regardless of age or marital status, and they are just as important as other questions about your health. This information is strictly confidential. Is this OK with you?

#### Discuss Privacy

#### **5 P's:**

##### 1. Partners

- Do you have sex with men, women, or both?
- In the past two months, how many people have you had sex with ?
- In the past twelve months, how many partners have you had?

##### 2. Practices

- Do you have vaginal sex, meaning penis in vagina sex?
- Do you use condoms: never, sometimes, most of the time, or always for this kind of sex?
- Do you have anal sex, meaning penis in rectum/anus sex?
- Do you use condoms: never, sometimes, most of the time, or always for this kind of sex?
- Do you have oral sex, meaning mouth on penis/vagina?
- In what situations, or with whom, do you not use condoms?

##### 3. Past History of STDs

- What STDs have you had in the past, if any?
- Have you ever had an STD, such as chlamydia, gonorrhea, herpes, or warts?
- Do you know what the infection was? When did you have it?
- Have any of your partners had an STD?
- Do you know what the infection was? When did you have it?

##### 4. Pregnancy

- What are your current plans or desires regarding pregnancy?
- Are you concerned about getting pregnant or getting your partner pregnant?
- Are you trying to get pregnant?
- Are you and a partner trying to get pregnant?
- What are you doing to prevent a pregnancy?

##### 5. Protection from STDs

- What do you do to protect yourself from sexually transmitted diseases and HIV?
- Have you or any of your partners ever injected drugs?
- Have you had any HIV-positive partners?

#### Additional Questions

- Have you ever gotten hepatitis B vaccine (all 3 doses) and/or hepatitis A vaccine (2 doses; only if MSM, IDU)?