



## Pretest Counseling Session #1 (Mother-To-Child Transmission [MTCT]) Patient

### Patient

You feel you are at risk of being HIV (+) due to concerns of infidelity during your spouse's deployments. You are also pregnant in your first trimester. Your results are in your chart, but assume the Provider is aware and do not mention your pregnancy. You also have strong beliefs that if you are seropositive, you will be rejected by your family. You do not know HIV can be transmitted to your fetus. Resist being tested until the Counselor has thoroughly explained your risk assessment and transmission potential to the unborn child, the many clinical features of HIV/AIDS that pertain to your risk, and the process of testing, and support.

### Counselor

You, a 24-year-old female, are here for pretest counseling. Your husband is an active-duty member who has been deployed many times. You are unsure if you should be tested. You are also pregnant. DO NOT tell the Counselor this.

### Clinical Information

The Counselor has received the following information in your chart.

S: No complaints. Here for counseling to decide on voluntary testing.

Serostatus — Unknown

O:

Vitals: BP 130/78 Temp 98.6 Pulse 80 Resp 16

- CBC w/ Diff — unremarkable
- Hcg (+)
- All other lab data — unremarkable